

2008 YEAR IN REVIEW

OFFICERS AND STAFF

Executive Director:

Dr. Scot Waterman

Chairman:

Dr. Robert Lewis
AAEP

CEO:

Dan Fick
EVP & Executive Director,
The Jockey Club

Vice Chairmen:

Alan Foreman
CEO,
Thoroughbred Horsemen's
Association

Chris Scherf

EVP,
Thoroughbred Racing Associations

Secretary:

Dr. Rick Arthur
Equine Medical Director,
California Horse Racing Board

Treasurer:

Tom Charters
President,
The Hambletonian Society

Consultants:

Dr. Bill Muir and Lonny Powell

Director of Communications:

Hallie Roach

Administrative Assistant:

Rebecca Allison

March 2009

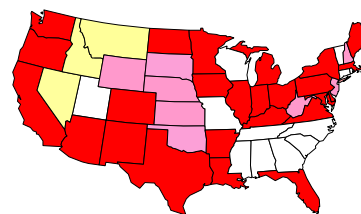
Adoption of RMTC Model Rule on Anabolic Steroids

In 2008, the racing industry saw great progress in reaching its goal to encourage all state racing commissions to adopt the model rule regulating the use of anabolic steroids. As we embark on 2009, RMTC has seen a swift movement to adopt this important language that effectively eliminates these drugs from racing.

To date, 25 states have adopted the model rule and eight states are in the process of adopting the language. These states constitute well over 90% of Thoroughbred races and approximately 99.96% of the total Thoroughbred pari-mutuel handle in America.

Contrary to popular belief, the RMTC, with the help of its many stakeholder organizations, has been working to pass this regulation since well prior to the events of the 2008 Triple Crown and subsequent congressional hearings.

"Eliminating steroids from racing competition has been a goal of RMTC since our inception," said RMTC Executive Director Dr. Scot Waterman. "And after seeing such a swift movement to adopt the model rule in 2008, I feel confident that our goal will soon be fully realized."



- Language adopted
- Language in the process of being adopted
- Process has not been started
- No horse racing or harness racing commission

RMTC Drug Testing Initiative Hits the Ground Running

An industry-wide concern about the quantity, quality and efficiency of drug testing laboratories for U.S. horse racing impelled the RMTC to action in 2008. At its September board meeting, RMTC approved a five-part drug testing initiative to develop a comprehensive plan that will advance post-race testing in the U.S. to an unprecedented level. The initiative is modeled after the World Anti-Doping Agency (WADA), which accredits all those laboratories conducting tests on Olympic athletes. Participants in RMTC's Drug Testing Initiative Task Force have been busy examining all aspects of drug testing from sample collection to laboratory standards and economics.



Photo by Laura Plato

Our drug testing initiative, which is being underwritten financially by The Jockey Club, includes the following action points:

- Development of laboratory standards and accreditation criteria to ISO standards
- Expansion of current quality assurance and laboratory proficiency programs
- Development of a business plan for the U.S. drug testing infrastructure including industry-sponsored research and reference equine drug testing laboratories
- Establishment of a post doctoral and grad student recruitment program for drug testing research and laboratory staff development
- Review of current sample collection strategies including long-term storage of frozen samples

Essential to this effort will be the accreditation to ISO 17025 standards so that each laboratory's work will meet the highest standard possible.

“The RMTC has an extremely high-quality scientific research program, which is critical to solving the safety and integrity issues that face the racing industry now and in the future.”
-Dr. Bill Muir

2008 Research Program

In 2008, RMTC committed more than \$300,000 to support comprehensive research over the next two years on the use and effects of corticosteroids. When used appropriately, corticosteroids are useful in decreasing inflammatory and immune responses in horses, but can be potentially dangerous when not. We are hopeful that the results of our research will allow the development of model rules, best practices and proper procedures related to the administration of corticosteroids.

Therapeutic medications have been a constant focus of the RMTC. The list of RMTC-supported research studies below includes therapeutics routinely used by regulatory veterinarians and identified as necessary in some cases by the RMTC Scientific Advisory Committee. Extensive research on these medications enables the committee to set withdrawal times and threshold limits that allow therapeutic use, while ensuring the integrity of the race.

20-horse administration completed:

Boldenone
 Nandrolone
 Stanozolol
 Testosterone
 Butorphanol
 Glycopyrrolate
 Methocarbamol
 Pyrilamine

Pilot Studies Conducted:

Acepromazine
 Detomidine
 Lidocaine
 Mepivacaine

Awaiting Pilot Study:

Dantrolene
 Dexamethasone
 Firocoxib
 Fluphenazine
 Hydroxyzine

Check Out Our Website at www.RMTCnet.com



Thank you to the 60,311 unique visitors to our website, rmtcnet.com, in 2008. We greatly appreciate your interest. Please visit us again soon!

Strengthening the Integrity of Racing



About Us

- History
- Goals & Objectives
- Organization
- Officers & Staff



Our Work

- Withdrawal Times
- Model Rules
- Research



News

- Headlines
- Press Releases
- Newsletters
- Media



RMTC Model Rule Adoption Map

You Can Help

Latest State to Adopt Model Rule on Anabolic Steroids

powered by:

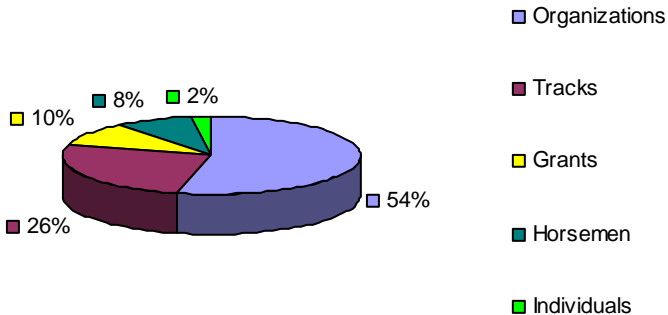


[Home](#) | [FAQ](#) | [Links](#) | [Contact Us](#)



2008-2009 Financial Information

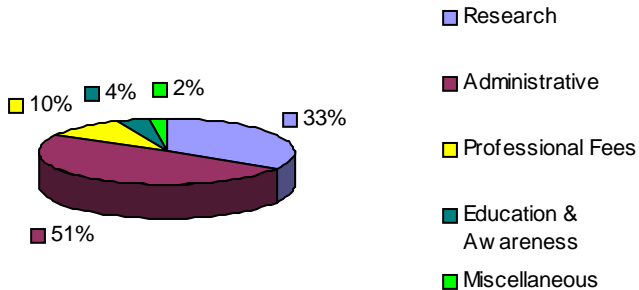
2008 Contributions



2008 CONTRIBUTIONS

Organizations	\$533,000
Tracks	256,659
Research Grants	100,000
Horsemen's Organizations	82,154
Individuals	22,010
Total	\$993,823

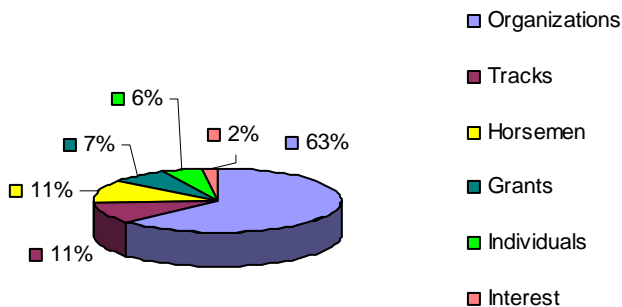
2008 Expenditures



2008 EXPENDITURES

Research	\$202,364
Administrative	300,374
Professional Fees	62,500
Education & Awareness	24,604
Miscellaneous Expenses	14,260
Total	\$604,102

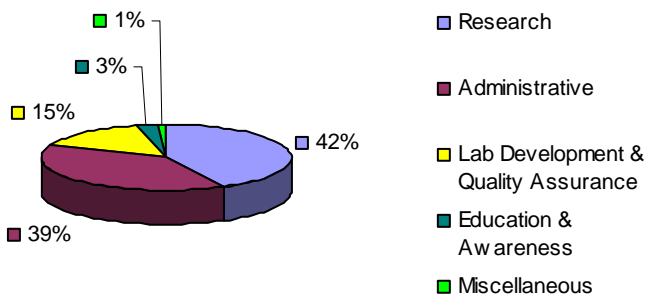
2009 Proposed Contributions



2009 PROPOSED CONTRIBUTIONS

Organizations	\$850,000
Tracks	150,000
Horsemen's Organizations	150,000
Research Grants	100,000
Individuals	75,000
Interest	25,000
Total	\$1,350,000

2009 Budgeted Expenditures



2009 BUDGETED EXPENDITURES

Research/Scientific Grants	\$575,000
Administrative	521,500
Lab Development & Quality Assurance	200,000
Education & Awareness	40,000
Miscellaneous	13,500
Total	\$1,350,000



Industry Stakeholder Contributions for 2008

- | | |
|--|--|
| American Association of Equine Practitioners | AQHA |
| Arabian Jockey Club | Arlington Park |
| Calder Race Course | California Thoroughbred Trainers |
| Churchill Downs Incorporated | Del Mar Thoroughbred Club |
| Fair Grounds Race Course & Slots | Fairplex Park |
| Finger Lakes Racing Association | Florida HBPA |
| Hollywood Park | Hoosier Park |
| Illinois TOBA | Keeneland Association |
| Kentucky Downs | Kentucky Thoroughbred Association |
| Magna Entertainment Corp. | Minnesota HBPA |
| National HBPA | National Thoroughbred Racing Association |
| NYRA | Oak Tree Racing Association |
| Pennsylvania HBPA | Sunland Park |
| Tampa Bay Downs | The Hambletonian Society |
| The Jockey Club | The United States Trotting Association |
| Thoroughbred Owners of California | |

“Without the generous financial support that we receive from our donors, our efforts would be impossible.

We are extremely thankful for our contributors, and we hope for their continued support.”

-Dan Fick

Individual Contributions for 2008

HALL OF FAMER

\$2,500 & Up

Barry Irwin

CHAMPION

\$1,000-\$2,499

Marsha Naify

WINNING CIRCLE

\$100-\$499

Rayzin The Bar Thoroughbreds

Stuart Huston

Susan Chatfield Taylor



Photo by Laura Plato

Board of Directors

American Association of Equine Practitioners
 American Quarter Horse Association
 Arabian Jockey Club
 Breeders' Cup Limited
 Churchill Downs Inc.
 Del Mar Thoroughbred Club
 The Hambletonian Society
 Harness Tracks of America
 The Jockey Club
 Jockeys' Guild
 Keeneland Association
 Kentucky Thoroughbred Association

Magna Entertainment Corp.
 National HBPA
 National Thoroughbred Racing Association
 New York Racing Association
 Oak Tree Racing Association
 Racing Commissioners International
 Thoroughbred Horsemen's Association
 Thoroughbred Owners and Breeders Association
 Thoroughbred Owners of California
 Thoroughbred Racing Associations
 Thoroughbred Racing Protective Bureau
 United States Trotting Association

RMTC has a diverse board of directors consisting of veterinarians, track managers, horsemen, regulators and other racing representatives.



Photo by Laura Plato

Assisting and Educating the Racing Industry

In 2008, RMTC directors and staff participated in many different projects to better serve the racing industry:

- Presented information to groups such as the University of Arizona RTIP, state racing commissions, TOBA, AAEP, ROAP, USTA, IFHA and The Jockey Club Thoroughbred Safety Committee
- Updated information on recommended withdrawal times for various medications in the RMTC withdrawal time database
- Communicated results of important research on anabolic steroids
- Produced public service announcements about racing integrity
- Posted informational videos on rmtcnet.com
- Created Web banners and print advertisements that encourage industry-wide funding of integrity initiatives
- Wrote articles for trade magazines about upcoming research, drug testing and medication regulation
- Communicated relevant news stories and announcements on rmtcnet.com
- Attended both national and international conferences to collaborate on global harmonization of medication policies and recommendations
- Sponsored an equine racing chemist workshop to foster uniformity in drug testing of anabolic steroids
- Instructed students in continuing education courses and racing officials accreditation schools
- Conducted correspondence and dozens of print, radio and online interviews with racing fans and the media

**STRENGTHENING
THE INTEGRITY
OF RACING**

821 Corporate Drive
Lexington, KY 40503

Phone: 859-224-2844
Fax: 859-296-3033

E-mail: rallison@rmtcnet.com

**ATTENTION BOARD MEMBERS:
Our next board meeting will
be June 18 in Baltimore, MD.**

Our Mission

The RMTC strives to develop, promote and coordinate, at the national level, policies, research and educational programs that seek to ensure the fairness and integrity of racing and the health and welfare of racehorses and participants, and to protect the interests of the racing public.



Organizational Goals for 2009

Facilitate Drug Testing Initiative Task Force

- Develop laboratory standards and accreditation criteria to ISO standards
- Expand current quality assurance and laboratory proficiency programs
- Develop a business plan for the U.S. drug testing infrastructure including industry-sponsored research and reference equine drug testing laboratories
- Establish a post doctoral and grad student recruitment program for drug testing research and laboratory staff development
- Review of current sample collection strategies including long-term storage of frozen samples
- Facilitate and partially fund TIP program in 2009

Continue to Receive and Analyze Unknown and Confiscated Products for Prohibited Substances

Coordinate Existing Research Programs on:

- Acepromazine
- Detomidine
- Lidocaine
- Mepivacaine
- Dantrolene
- Dexamethasone
- Firocoxib
- Fluphenazine
- Hydroxyzine

Coordinate Research on Administration of Glucocorticosteroids to Develop:

- Model Rules
- Best practices
- Proper procedures

Promote and Monitor Adoption of RMTC/RCI Model Rules:

- Medication policies phase I
- Uniform penalties
- Anabolic steroids
- TCO2 testing
- Out-of-competition testing

RMTC welcomed Administrative Assistant Rebecca Allison in June and Executive Consultant Lonny Powell in November.