

TIPS FOR RIDE PARTICIPANTS

The following are suggestions for supplies, horse and rider welfare and basic trail etiquette:

Suggested Supplies for Riders:

- ✓ Current Coggins/health/brand inspection
- ✓ Sharp knife and/or all-in-one pocket tool
- ✓ A form of identification
- ✓ First aid kits for horses and riders
- ✓ String or leather for tack repair
- ✓ Compass
- ✓ Rain Gear
- ✓ Jacket
- ✓ Hat
- ✓ Sunglasses
- ✓ Lip Balm
- ✓ Sunscreen
- ✓ Tissues
- ✓ Snacks
- ✓ Water
- ✓ Gloves
- ✓ Hoof Pick
- ✓ Insect Repellent
- ✓ Fly Spray

Suggestions for the Ride:

- ✓ Dress in layers.
- ✓ Make sure horses have the opportunity to drink before starting on the trail.
- ✓ Allow horse to drink if there is water available on the trail.
- ✓ Bring or wear hats and sunscreen to prevent heat exhaustion or sunstroke.
- ✓ Check all tack and equipment before leaving home and before starting on the trail.
- ✓ Safety helmet use is an individual and/or parental decision.

Trail Ride Etiquette:

- ✓ Tie red ribbon in horse's tail that kick.
- ✓ Do not bring dogs.
- ✓ Maintain space between you and the next horse.
- ✓ Stay with the group – if you intend to leave, tell someone.
- ✓ Stay on designated trail.
- ✓ Do not run past others. This has a tendency to scare horses and could cause problems for riders with less experience than you.