1. Begin at a walk and walk over 4 poles
2. Jog over 3 poles
3. Begin right lead lope and lope 2 poles
4. Continue right lead and perform a right-to-left lead change (flying or simple)
5. Perform a left-to-right lead change (flying or simple)
6. Stop, back at least 5 steps, depart left lead
7. Left-to-right lead change (flying or simple)
8. Right-to-left lead change (flying or simple)
9. Lope left lead 2 poles
10. Break to moderate extension of jog
11. Stop and settle
12. Perform 360° turn in either direction, then perform 360° turn in opposite direction

Dismount at exit gate and remain dismounted until pleasure warm-up begins
(Poles are never elevated)