1. Begin at center of arena. Pick up right lead and complete three circles, the first large, fast, the second small, slow, the third large, fast. Change leads at center of arena.
2. Complete three circles: the first large and fast; the second small and slow; the third large and fast. Change leads at center of arena.
3. Continue loping around end of arena without breaking gait or changing leads. Run down center of arena, past end marker and come to a sliding stop. Hesitate.
4. Complete 3 1/2 spins to the right.
5. Run down center of arena past end marker and come to a sliding stop. Hesitate.
6. Complete 3 1/2 spins to the left.
7. Run past center marker and come to a sliding stop. Back up at least 10 feet. Hesitate to complete pattern.

**Pattern 7**

1. Right circles  
2. Left circles  
3. Stop  
4. 3 1/2 right spins
5. Stop  
6. 3 1/2 left spins  
7. Stop and back up

This pattern may be used as a lope-in pattern; refer to SHW505.2.